



EATING, SLEEPING, SHOPPING & GETTING AROUND in MISSOULA

Notes:

- area code (406)
- The WRFI office is located in what is known as the Old Sawmill District. Our address is: 155 N. California St. Suite 101.
- Downtown Missoula is relatively small. It is approx. 5 blocks long by 4 blocks wide.
- Higgins is the main North/South street through downtown

Hostel & Hotels in & around the Downtown Missoula Area:

(Some hotels offer cheaper rates for AAA members)

- The Shady Spruce Hostel: 258-1197, 204 E. Spruce St. (in the middle of downtown)
 - Offers a discount to enrolled WRFI students—please check with the WRFI office for more details
- Holiday Inn: 721-8550, 200 S. Pattee St. (in the middle of downtown). www.himissoula.com
- Days Inn: 543-7221, 201 E. Main St. (in the middle of downtown)
- Campus Inn: 549-5134, 744 E. Broadway (1/2 mile from Higgins)
- Creekside Inn: 549-2387, 630 E. Broadway (1/3 mile from Higgins)
- The Doubletree: 728-3100, 100 Madison (1/4 mile from Higgins)

Taxicabs/Shuttle Services:

- Uber
- Airport Shuttler: 543-9416 (15-passenger van)
- Green Taxi: (hybrid car) 728-TAXI
- Yellow Cab, Inc.: 543-6644

Grocery Stores:

- The Good Food Store: A Missoula favorite- lots of organic and natural food, huge bulk section. 1610 S. 3rd St. W. (corner of 3rd & Russell)
- Albertsons: on Broadway, east of downtown
- Fresh Market: on Broadway, west of downtown
- Costco: on Reserve St. (must have membership)

Bike Shops:

- Open Road Bicycles & Nordic Equipment: 517 S. Orange St., 549-2453
- Missoula Bicycle Works: 708 S. Higgins, 721-6525

Gear Stores:

- The Trailhead: downtown on Front, 1 block east of Higgins, 543-6966
- REI: on Reserve St, 829-0432
- Bob Wards: behind the Southgate Mall, 728-3221

Note: To get to "Big Box" stores take Broadway west out of downtown until you get to Reserve St., go south on Reserve- you will see the strip of "Anywhere USA" stores like Lowes, Target, Old Navy, Barnes & Noble etc.

Internet:

- Missoula Public Library: free & downtown at 301 E. Main St.
- Most coffee shops downtown offer WiFi service

Note: *There are many more restaurants than those listed below. These are just a few reasonably priced eateries in or near downtown and/or the WRFI office.*

Coffee Shops:

- Dog and Bicycle: located just blocks from the WRFI office at 875 Wyoming St. #102
- Bernice's Bakery: located just south of the Higgins St. bridge on 3rd (1 block west of Higgins); many baked goods
- Liquid Planet: downtown at 223 N. Higgins; serves crepes
- Butterfly Herbs: downtown at 232 N. Higgins; some light food
- The Catalyst: downtown at 111 N. Higgins; baked goods and lunch soup & salad

Restaurants:

- Bridge Restaurant: great burritos and pizza by the slice, quality ingredients; 515 S. Higgins
- Taco del Sol: cheap fast Mexican eatery, downtown at 422 N. Higgins
- Bagels on Broadway: downtown at 223 W. Broadway
- Biga Pizza: pizza & sandwiches with many organic, local ingredients; downtown at 241 W. Main St.
- Five on Black: fast, casual Brazilian grill with vegetarian options; 325 N. Higgins
- Market on Front: Urban market with salads & sandwiches; downtown at 201 E. Front St.

Transportation:

- Mountain Line Bus Service: Main bus depot is downtown on Pine and Ryman. <http://www.mountainline.com/>
- Free Cycles Missoula: Free bike shop; you can also check out a bicycle for your time here in Missoula. 732 S. 1st St W. <http://www.strans.org/freecycles.html>

Parking:

- Expressway Storage: 406-728-6565; Located at 4949 Storehouse Way; When calling, let them know you are with WRFI to receive a discounted rate of \$45 per month.

Note: *While there is public parking near the WRFI office, WRFI is neither responsible nor liable for vehicles that are parked during your course. In order to avoid towing, parking tickets, theft, or damage, we encourage you to find a secure parking space for your vehicle.*