LEADERSHIP TRAINING FOR EMERGING LEADERS HOSTED BY PLENITUD VT

August 11-16th, 2025 in Newbury, Vermont

The Leadership Training for Emerging Leaders at Plenitud VT is a six-day immersive experience designed to ***cultivate leadership skills, community engagement, and personal growth***. This program aims to empower young adults (18-23) to become confident and effective communicators who are self-aware, socially and environmentally responsible, and engaged leaders. Whether you are a graduating senior seeking experience before university, a college student in a leadership role, or a young professional eager to enhance your impact, this training offers a dynamic and enriching environment.



WHAT TO EXPECT

Servant Leadership Framework

Learn how to lead with empathy, collaboration, and purpose

Mentorship & Personal Development

Work closely with experienced leaders who will assist you in developing personal projects and direction.

Outdoor Experiences

Enjoy hikes, bonfires, and group activities in the serene Vermont landscape.

Reflection & Visioning

Develop personal and professional goals through journaling and structured creative exercises.

Hands-on Activities

Engage in sustainability projects, community service, and leadership workshops.

Healthy Living Practices

Establish routines that promote resilient leadership, including yoga, nutritious meals, and mindfulness exercises.



THE PLENITUD VT FARM

Nestled in the heart of Vermont's lush landscapes, the Plenitud VT location sits on 100 acres of conserved land in Newbury, Vermont, providing an ideal setting for reflection, connection, and hands-on learning. Participants will have time to immerse themselves in Mother Nature and spend time hiking the White Mountains, creating space for creative and inspired thinking for their projects.

The town is conveniently accessible, situated just under 3 hours from Boston and 1 hour and 25 minutes from Burlington Airport.

OUR LEADERSHIP

Over the week-long experience, participants will be engaged in workshops and one-on-one mentoring from the Plenitud VT leadership team. Instructors bring 15+ years of unique backgrounds ranging from sustainability, social impact, alternative business management, research, education, and mentorship, offering participants a well-rounded and immersive learning experience.



Paula Paoli | Co-Director at Plenitud PR and Plenitud VT

As a co-founder and co-director of Plenitud, Paula has spent over 16 years building a thriving nonprofit from the ground up. Stepping into leadership through lived experience, she has successfully managed diverse teams and developed impactful educational programs in sustainability, community building, and leadership development. Her expertise lies in fostering collaborative environments, guiding emerging leaders, incorporating mindfulness, and ensuring Plenitud's long-term growth and success.



Owen Ingley | Co-Director at Plenitud PR and Plenitud VT

As the co-founder and co-director of Plenitud, Owen brings extensive experience in nonprofit management, program development, natural building, and community education, offering a wealth of knowledge. His leadership has been instrumental in the growth of Plenitud, especially through designing projects and initiatives that offer mentorship and empowerment to his team.



Jessica Jones-Hughes, MS, RD | Associate Director, Plenitud VT

Jessica's leadership extends from sustainable food systems to nonprofit management. As the Associate Director and Treasurer of the Plenitud Board of Directors, she has helped shape organizational strategy and financial systems. Jessica's background also includes working for over a decade at Equal Exchange, a worker-owned cooperative, where she gained experience in managing a fast growing business, managed large-scale programs and fostered global partnerships that provide insights into leadership and impact-driven work to this training.



Dr. Dan Greif, PsY | Licensed Psychologist

Daniel Greif is a licensed clinical psychologist specializing in helping individuals navigate personal and professional transitions, interpersonal conflicts, and leadership development. His integrative approach combines psychodynamic, cognitive-behavioral, and mindfulness-based techniques to support growth and resilience. With a deep passion for community development, Dr. Greif fosters cooperative and open spaces for leaders to reflect, strategize, and build meaningful connections.



Dr. Tyson Brown, PhD | Professor of Sociology and Medicine at Duke University

Dr. Brown's research focuses on the structural causes of racial inequality in health and society. His work, published in leading academic journals, develops innovative methods for quantifying systemic inequities and their impact. As the inaugural Duke Presidential Fellow, he collaborated with senior university leaders to address key issues in higher education. Passionate about mentorship, Dr. Brown is dedicated to guiding students and early-career professionals in their leadership and research journeys.

Are you ready to step into your leadership potential? Application for this competitive leadership training is now open. Eligible applicants will be accepted on a rolling basis and contacted for a phone or video call interview by our leadership team to learn more about each participant. To apply, please follow this link and complete the Google Form. Applications close on July 21, 2025.

Cost: $1,950.00. Apply by for the early bird pricing of $1,650 by June 15th.. Participation fees cover accommodations, (3) daily meals and snacks, and transportation once on the farm. Flight / travel prices not included.
*Scholarships are available to ensure this opportunity is accessible to all qualified participants. If financial assistance would help you attend, please indicate your interest when applying.

We will contact you once we have received your registration! Please address any questions related to registration to: seona@plenitudpr.org